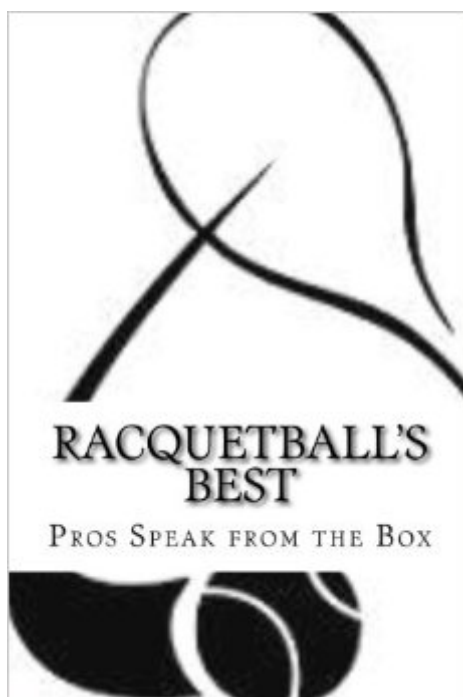


The book was found

Racquetball's Best: Pros Speak From The Box



Synopsis

The best tips for racquetball come straight from the top professionals. This unique instructional covers the topics of: Strategy - Forehand - Backhand - Service - Serve Return - Kill Stroke - Kill Strategy - Power Source - Velocity vs. Accuracy - Spin - Back Wall - Overhead - Volley - Ceiling - Specialty Shots - Shot Selection - Court Coverage - What to Watch - Focus - Drills - Conditioning - The Psyche - Vs. Control Players - Vs. Power Players - Pre-Tournament - Tournament - Tips for Pros, Juniors and Females - And More! From the World Champions and Top Pros: Cliff Swain - Marty Hogan - Sudsy Monchik - Jose Rojas - Alvaro Beltran - Andy Hawthorne - Charlie Pratt - Dave Peck - Jerry Hilecher - Ruben Gonzalez - John Ellis - Davey Bledsoe - Mike Ray - Brian Hawkes - Jeff Leon - Rhonda Rajsich - Cheryl Gudinas - Jackie Paraiso - Suzy Acosta - Cristina Cassino - Kerri Wachtel - And Many More! Learn the most important aspects of the game from the best who have ever played!!

Book Information

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Average Customer Review: 5.0 out of 5 starsÂ Â See all reviewsÂ (5 customer reviews)

Best Sellers Rank: #236,144 in Books (See Top 100 in Books) #2 inÂ Books > Sports & Outdoors > Racket Sports > Racquetball

Customer Reviews

Bo has captured the inner strategy of dozens of top racquetball players (including nearly every top ranked pro throughout the game's history) on a huge variety of topics. Most racquetball strategy books just delve into 4-5 main topics; Bo has dozens of chapters devoted to the finer points of the game. This book will give great ideas to the novice player all the way to the open player, new ways of thinking about your game, your training, your strategy and your shot selection. If you fashion yourself as a control player, focus on the approaches that the game's best control players give. Likewise, if you're a power player, read up from some of the games best power players.

A unique gem with the hows and whys of racquetball from the mouths of thirty of the sport's World Champions and Top Pros. How in the world did the author get all those quotes? The champions answer the same set of about 30 questions related to their strokes, strategies and mindsets - diverse and often contradictory opinions giving the reader hundreds of choices. This may be the most significant instruction ever written on racquetball.

A really great book for racquetball players of all levels with tips from the top players from all eras of the game. However, many of the physical and mental exercises will be found to be useful for crossover enthusiasts in all sports.

You have to be a stone racquetball nut to love this, but if you are, you will! My only reservation: Not enough Rhonda stuff....

I got it on Wednesday and went through before Thursday. It's fascinating and mind opening for any level racquetball players! Wow!

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Racquetball's Best: Pros Speak from the Box Creating the Ultimate Racquetball Player: Learn the Secrets and Tricks Used by the Best Professional Racquetball Players and Coaches to Improve Your Athleticism, Conditioning, Nutrition Framing Floors Walls Ceilings (For Pros By Pros) Smart Business for Contractors: A Guide to Money and the Law (For Pros By Pros) Bathroom Remodeling (For Pros By Pros) Plumbing (For Pros By Pros) Framing Roofs (For Pros By Pros) Building with Masonry: Brick, Block & Concrete / For Pros by Pros Creando el Mejor Jugador de Racquetball: Aprender los secretos y trucos utilizados por los mejores jugadores de racquetball profesional y entrenadores, ... tu capacidad atl tica (Spanish Edition) The Ultimate Guide to Weight Training for Racquetball & Squash (Ultimate Guide to Weight Training: Racquetball & Squash) Stuttering: How To Overcome Stuttering: Learn To Speak Fluently, Speak Without Fear & Get Rid Of Stutter For Life Talk English: The Secret To Speak English Like A Native In 6 Months For Busy People (Including 1 Lesson With Free Audio & Video) (Spoken English, listen English, Speak English, English Pronunciation) Best of the Best from Hawaii Cookbook: Selected Recipes from Hawaii's Favorite Cookbooks (Best of the Best State Cookbooks) Best of the Best from New Mexico Cookbook: Selected Recipes from New Mexico's Favorite Cookbooks (Best of the Best Cookbook) Best Man Best Speech: How to Be the Best Best Man Jokes : Best Jokes 2016: (Funny books, Joke books, Funny jokes, Best jokes 2016, Best jokes 2015) (Best Jokes 2016 Bundle) BEST BOOKS:

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